

Therapy Services

Each family has different strengths and needs.

Adoption Matters Therapy Service provides a personalised therapeutic intervention

Rated 'Outstanding' by Ofsted



Members of:



About Adoption Matters

Adoption Matters is an independent children's charity and approved adoption agency also specialising adoption support. That is all we do, and have been doing so for over 70 years.

Adoption Matters are the ONLY voluntary adoption agency in the North of England to be rated as 'Outstanding' by Ofsted four times in a row in 2017, 2014, 2011 & 2008.

We offer our services to an area across the North of England, North East Wales, parts of Yorkshire & Humber, Shropshire and Stoke & Staffordshire.

Therapy Service

Adoption is a life enhancing and positive journey for a family. At times however, this process can become a cause for distress and challenge. It is recognised that working with children and young people that have experienced early trauma requires specialist knowledge and expertise. Parenting such children can also present challenges and require significant emotional resilience. In order to support and facilitate change, the therapy service provides evidence based interventions that best meet the needs of adopted children and their families. We work with the same ethos as our Centre for Adoption Support, we know every child and family is different, there is no one size of therapy that fits all.

Each family has different strengths and needs. Adoption Matters Therapy Service therefore provides a personalised therapeutic intervention based on a structured assessment. All of our therapy services are covered by the Adoption Support Fund (ASF) and we will guide you and your placing Local Authority with their submission to the ASF.

Our statistics

- We have 28 therapists working within our service (as at May 2019)
- In 2018/19, we provided over 230 contracts for ASF submissions
- In 2018/19, we worked with 54 RAA's and local authorities across the country

Our Clinical Lead

Our Therapy Service is lead by Dr. Nadine Eisenberg who joined the service in 2014. Nadine brings a wealth of experience from her career from working as a Clinical Psychologist in the NHS. Posts have included Clinical Director, Child Mental Health Directorate at Alder Hey Children's Hospital; Consultant clinical psychologist CAMHS, Looked After Children and Adoption, Therapeutic Foster Care as well as specialist services for young people who have experienced emotional, sexual and physical abuse.



What we offer

Adoption Matters therapy service can provide a wide range of therapists. All of our therapists have specialist skills and experience of working with adopted children and their families.

Approaches include:

- Dyadic Developmental Psychotherapy
- Theraplay
- Therapeutic Parenting
- Child Psychotherapy
- Video Interactive Guidance (VIG)
- Filial Play Therapy
- Eye Movement Desensitisation & Reprocessing Therapy (EMDR)
- Dealing with aggression and behavioural challenge, including Non violent resistance—NVR

The approaches incorporate developments in neuropsychology, brain development and sensory integration. Therapists are registered to practice and have ongoing clinical supervision.

Effectiveness

A key feature of the therapy service is ensuring that we deliver effective interventions. The approaches are informed by the latest research on what works for adoptive families. Each therapist will work with families to put together an agreed therapeutic plan with clear goals. All therapeutic work is supervised by a Consultant Clinical Psychologist and specialist supervisors depending on the specific approach. The work is evaluated and written reports made available.

Costs

The cost of therapy will depend on each families individual requirements and will vary according to the duration of therapy and type of intervention. A detailed costing can be provided, contact us on **Tel: 0300 123 1066 or email: info@adoptionmatters.org**

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Concerns

Adoption Matters is committed to providing a quality service which is efficient, effective, timely and conducted in an open, friendly and respectful manner. If you have any concerns or questions about our therapy service, please contact our Clinical Lead, Dr. Nadine Eisenberg on **Tel: 0300 123 1066 or email: nadine.eisenberg@adoptionmatters.org**

Useful website links:

- Adoption Support Fund www.adoptionmatters.org
- Dyadic Developmental Psychotherapy <https://ddpnetwork.org/about-ddp/dyadic-developmental-psychotherapy/>
- Theraplay www.wp.theraplay.org/uk/
- Eye movement desensitisation and reprocessing therapy (EMDR) www.emdrassociation.org.uk/
<http://www.gosh.nhs.uk/medical-information-0/procedures-and-treatments/eye-movement-desensitisation-and-re-processing-emdr>
- Video Integrative Guidance (VIG) www.videointeractionguidance.net

Web: www.adoptionmatters.org
Freephone: 0300 123 1066
Email: info@adoptionmatters.org

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www.facebook.com/adoptionmattersUK
www.twitter.com/adopt_matters

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Also offices at: Blackburn, Warrington, Hale, Manchester, Leeds & Durham
Registered Charity Number: 512892

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